

# Cleaning and Disinfecting Recommendations

This document provides a basic overview of cleaning and disinfecting recommendations. As Sizewise manufacturers and sells a variety of products, it is impossible to include every product-specific cleaning and disinfecting recommendation in this document. The information in this document is not intended to replace the product-specific cleaning and disinfecting instructions provided in the user manual. Sizewise recommends following the product-specific cleaning and disinfecting instructions contained in the user manual provided with the product.

We recommend the use of EPA-registered hospital-grade disinfectants for general cleaning and broad spectrum disinfecting. To minimize damage, cleaning and disinfectant products should be rinsed from equipment surfaces after the required wet contact time has been reached.

**WARNING** – Before cleaning electrical devices, unplug them to prevent electrical shock and damage to the product. When using disinfectants and other chemicals, users should refer to the manufacturer’s instructions for use and the product’s Safety Data Sheet (SDS) for guidance on appropriate Personal Protective Equipment (PPE) and other safety measures.

## C. diff Treatment and Prevention

To address exposures and aid in preventing the spread of *Clostridium difficile* (C. diff), Sizewise recommends following CDC guidance for use of EPA-registered disinfectants with a sporicidal claim, or properly diluted sodium hypochlorite.

## Bed Cleaning

Safety items must be used as instructed by supervisors.

1. Mix cleaners as instructed.
2. Have another bucket of warm, fresh water for rinsing the equipment after cleaning.
3. If present, disconnect the control unit from the mattress and set the control unit aside.
4. Check the mattress for straps securing it to the bed and undo them.
5. Remove the mattress.
6. Raise all functions to the highest position.
  - Bed, Head, and Foot
7. Unplug the bed.
8. Wipe entire bed with a clean cloth and cleaning solution. Do not get controls and electrical connections too wet or damage will occur.
8. Wait the required wet contact time.
9. Rinse all surfaces with a clean cloth dampened with fresh, clean water.
10. Dry all bed surfaces with a clean, dry cloth.

**NOTE:** Additional cleaning may be done with a mild soap solution and/or household cleaning products. Do not use harsh chemicals, like acetone or paint thinner, or the paint finish could be damaged.

**Learn more: Call 800-814-9389**  
or contact your Sizewise rep

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## Mattress, Top Cover, Bolster, and Seizure Pad Cleaning

Bleach-based products may damage the mattress, top cover, and other specialty fabrics. Avoid using bleach-based products whenever possible. Mattress surfaces must be rinsed with clean, fresh water after the required wet contact time.

1. Disconnect the mattress from the control unit, if present, and set the control unit aside.
2. Wipe mattress surfaces, including the bottom and any hoses/covers that were connected to the control unit, with a clean cloth dampened with cleaning solution.
3. Wait the required wet contact time.
4. Treat stains on the mattress with a stain remover and a soft bristled brush.
5. Rinse all mattress surfaces with a clean cloth dampened with fresh water.
6. Dry the mattress with a clean, dry cloth.

**NOTE:** If necessary, top covers can be removed and laundered in cold water using a “Regular Cycle” with standard hospital disinfectant/detergent.

**DO NOT** use temperatures in excess of 150°F (65°C). Air dry or place in dryer using very low or no heat temperature setting.

## Control Unit and Hand Control Cleaning

1. Wipe surfaces with a clean cloth dampened with cleaning solution or disinfectant wipes.
2. Wait the required wet contact time.
3. Rinse with a clean cloth dampened with fresh water.
4. After cleaning, dry with a clean, dry cloth.
5. Remove the air filter located on the back of the control unit. Clean with prepared disinfectant solution or disinfectant wipes and allow to air dry.
6. Reinstall the air filter.

