

# Using Frame-Based Turn Assist in Patient Care

The Sizewise Crosscare™ by LINET® Med-Surg/ICU bed features a 15-degree left/right lateral turn function. Nurses, PT/OT, and other caregivers have found countless ways to put this feature to use—boosting ergonomics, efficiency, and patient outcomes.

## Micro-Shifting: One Degree at a Time

Micro-shifting describes Crosscare's ability to turn one degree at a time. Hemodynamically unstable patients may benefit from a period of micro-shifting to prepare them to tolerate CLRT. Micro-shifting may also be helpful for skin patients who need to be turned, but are too unstable or in too much pain for manual turn.

## General Patient Care

- Bathing and linen changes: gravity keeps patient on their side, giving caregiver two free hands
- Bed pan or X-ray placement
- Feeding and Oral Care: turn patient toward caregiver for better ergonomics
- Ultrasound

## Skin/Wound Care

- Offloading: use turn in conjunction with offloading to ensure patient stays offloaded
- Skin checks: full unobstructed view from heels to head
- Wound care: gravity keeps patient on their side so WOCN has two free hands for care

## Early Mobilization

- Early core and upper/lower extremity exercises
- Egress/Ingress: helps shorter patients get in/out of bed
- Repositioning: caregiver can use gravity to assist repositioning
- Sit-to-stand: helps with anterior pelvic turn for a nose-over-toes position for standing
- Transfers: use gravity to help bed-to-stretcher transfers—and to lessen the transfer gap



*Crosscare™ introduces a new level of Safe Patient Handling and Mobility to Med-Surg and ICU patient care.*

**Learn more: Call 800-814-9389**  
or contact your Sizewise rep